

"Ready for Growth" is aimed at ...

People

- ▶ who are reconsidering or thinking about changing their position
- ▶ from an academic environment, who want to clarify the status quo in order to determine their future career path
- ▶ who have to make a distinction between taking a role of expert, leader or project leader

Organisations

- ▶ that want to identify and support their talents
- ▶ who would like to support their employees in preparing their yearly review or annual appraisal in order to boost their career planning and motivate them for their next steps

Elke Mowat is the founder and head of hrd mowat. Our ambition is to identify growth potential and future options for organizations and for individuals, and to build on these.



As Consultant, Trainer and Coach we support people in different phases in their jobs and life. We have over 27 years experience in business and university environments. Our ambition is to identify growth potential and future options for organisations and for individuals, and to build on these.

Contact

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The perfect training for change.
Christine

Nobody tells you where you have to go or want to go, but you find ways to find your own goals. **Jan**

The training supported me to find the right priorities. The group and the trainer gave me the right motivation boost. **Dirk**

Don't try to change the world.
Try to change your attitude to this. **Hans**

Very good structure and super atmosphere, thank you! **N.N.**

The best training I've had so far.
Challenging and encouraging.
Paves the way for decisions. **Julia**

Lots of new experiences
through different tools. **Kai**

hrd mowat
human resource development

Ready for Growth!

Actively Shaping your Career



"Ready for Growth" objectives for the Intensive Workshops

To risk change requires courage. If you are interested in experiencing your current work situation while considering which direction you would like to take in your career development - this workshop will give you the options and opportunities.

In „Ready for Growth“ you will step off the treadmill and think about different and new ways to ensure a more balanced approach to both working and personal lives.

What happens in three days "Ready for Growth"?



You will take stock of your current position.



You will identify your personal strengths and development options.



You will identify your scope in your business environment.



You will find solutions for existing barriers.



You will boost your motivation and have the courage to take the next career step.



You will develop an individual action plan.



... in addition, you will receive external support during the reorientation phase, which will help continue to achieve these goals.

Content

- Day 1: Taking stock of your current situation and analysing your career to date.
- Day 2: Setting personal goals and working out how to implement them in your daily routine. Using insights from the Career Anchors „Job in your Life“ task.
- Day 3: Defining the next steps and developing concrete action plans.
- Day 4: The follow up from the course will help you to put your plans into action and support you in your next steps.

Working form

We will work in groups with max. 12 people. This will include direct trainer input and shared peer group sessions.

Method

Short inputs, small and partner group work, using a variety of diagnostic materials, prework and transfer work.